

Katrina Terkeurst

DIETICIAN

ABOUT KATRINA TERKEURST

Katrina graduated from Michigan State University and completed her dietetic internship at OSF St Francis Medical Center in Peoria, Illinois. She has over 16 years of experience as a registered dietitian, and has worked with a wide variety of nutrition issues. She has a passion for helping individuals embrace a healthy relationship with food and their bodies, which starts in childhood!

Katrina is married to her high school sweetheart and has two amazing daughters and a crazy mini-bernedoodle. With her family, Katrina enjoys camping, skiing, and traveling, especially visiting national parks. In her free time she can be found gardening, reading in her hammock, going on walks in nature, and watching reruns of Gilmore Girls with her daughters.

OFFICE HOURS

Katrina is typically in the office on the following days:

- One Wednesday per month

HOW TO SCHEDULE WITH KATRINA

Please contact our office if you are interested in making an appointment with Katrina.

These appointments are typically about one hour long.