



# Rachel Wassenaar

## ADHD AND MENTAL HEALTH CARE MANAGER

### ABOUT RACHEL WASSEANAR

Rachel obtained a Bachelor of Science in Nursing (BSN) degree from Calvin University in 2006. She has worked as a registered nurse in a variety of fields, including neurosciences, cardiovascular-thoracic, camp nursing, and pediatrics.

Rachel joined Alger Pediatrics in 2012 and took on the role of Care Manager in 2015 after obtaining a certification in Complex Care Management through the Michigan Primary Care Transformation and Michigan Care Management Resource Center. She completed additional training through Mi-CCSI for certification in the collaborative care model in 2021.

Rachel partners with patients, physicians, and other care team members to support and assist patients in reaching their health goals.

Fun facts from Rachel:

1. I love going to live theater productions.
2. I used to live in the mountains in Southern CA.
3. I enjoy spending time in nature.

### OFFICE HOURS

Rachel is typically in the office on the following days:

- Tuesdays
- Wednesdays
- Thursdays
- Fridays

She does not work on Mondays.