



# Randi Mikesell

## LACTATION CONSULTANT

### ABOUT RANDI MIKESELL

Randi Mikesell is an IBCLC with a dedication to supporting families on their breastfeeding journey. As a mother of three, including twins and a singleton, she understands the unique challenges parents face. Her approach is tailored to "meet families where they are," recognizing that feeding support is not one-size-fits-all. Her goal is to ensure that every family she works with feels seen, heard, and leaves their consultations with a personalized plan that aligns with their needs and preferences.

Her journey in lactation began in 2018 when she started as a Birth Doula. Realizing the importance of lactation support based on her own experiences and struggles, she transitioned into a role as a Breastfeeding Peer Counselor for the Kent County Health Department. This experience provided her with valuable insights into the challenges faced by our local communities regarding lactation support.

From 2021 to early 2023, she worked as a Lactation Peer Counselor at Corwell Health, gaining comprehensive knowledge of newborn feeding expectations and hospital protocols. It was during this time that she gained the title of International Board-Certified Lactation Consultant. However, she decided to work independently to better align her schedule with her family's needs.

Beyond her role as a IBCLC, she is also a part-owner of a vintage brick-and-mortar shop in downtown Grand Rapids, allowing her to pursue two of her passions simultaneously.

She is here to support and guide you on your breastfeeding journey. She will work with you to ensure you have the best possible experience.

### OFFICE HOURS

Randi is typically in the office on the following days:

- Mondays
- Thursdays

### HOW TO SCHEDULE WITH RANDI

Please contact our office if you are interested in making an appointment with Randi.

These appointments are typically about one hour long.