

# ALGER PEDIATRICS

## Substance Misuse Resources

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### **Alcoholics Anonymous:**

<https://alcoholicsanonymous.com/aa-meetings/michigan/kent-county/>

1-800-643-9618

*Provides individuals with resources to locate Alcoholics Anonymous meetings in the area and confidential 24-hour addiction helpline.*

### **CDC - 1-800-QUIT-NOW:**

<https://www.cdc.gov/tobacco/features/quitlines/index.html>

1-800-QUIT-NOW

*Connects individuals to quitlines in their state with trained coaches. Services available in various languages.*

### **Cherry Health:**

<https://cherryhealth.org/services/behavioral-health/>  
616-965-8390

*Provides resources for substance abuse including therapy, counselling, recovery management programs, and outpatient programs.*

### **Help.Org:**

<https://www.help.org/drug-and-alcohol-rehab-centers-in-grand-rapids-mi/>

*Guide providing essential resources for residents of Grand Rapids and surrounding communities who need assistance either beginning or continuing their journey to overcome addiction.*

### **MDHHS- Get Help Now:**

[https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/drugcontrol/welcome/get-help-now-behavioral-health\\_1#Kent](https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/drugcontrol/welcome/get-help-now-behavioral-health_1#Kent)

1-800-749-7720

*Database of publicly funded substance use disorder treatment, problem gambling counseling, and mental health counseling services by county.*

### **National Institute on Alcohol Abuse and Alcoholism:**

<https://www.niaaa.nih.gov/>

301-443-3860

*Resources pertaining to alcoholism in the form of treatment, research studies, and science-based resources.*

### **National Institute on Drug Abuse:**

<https://nida.nih.gov/>

1-800-662-4357

*Lead federal agency supporting scientific research on drug use and addiction.*

### **Network 180:**

<https://www.network180.org>

616-336-3909

*Provides recovery management treatment, assessment, evaluation, and crisis stabilization for those experiencing substance abuse.*

### **Pine Rest:**

<https://www.pinerest.org/addiction/>

866-852-4001

*Offers a variety of addiction and recovery treatment services.*

### **The Red Project:**

<https://www.redproject.org/>

1-616-456-9063

*Kent County overdose education and free Naloxone (Narcan).*

### **Substance Abuse and Mental Health Services**

#### **Administration:**

<https://www.samhsa.gov/>

1-877-726-4727

*Agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation.*

#### **Suicide and Crisis Lifeline:**

<https://988lifeline.org/>

Call or text 9-8-8

*National network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.*

#### **Wedgewood Christian Services:**

<https://www.wedgwood.org/substance-use/>

616-942-2110

*Substance use disorder services providing support for adults and teens. Primary goal is to help individuals take the next step in their recovery with later treatment focusing on creating a new lifestyle, coping with triggers and urges, and maintaining a strong commitment to recovery.*