

# Renee DeFrang

## DIETICIAN

### ABOUT RENEE DEFRANG

Renee obtained her Bachelor's degree from Michigan State University, completed her dietetic internship at Loyola university in Chicago and her master's from Benedictine university. She is a Certified Personal Trainer from National Counsel on Strength and Fitness. Renee has over 16 years of experience in this field and is excited to help you reach your health and wellness goals.

Personally, Renee is married and the mother of twins. She enjoys time with family and friends, running, biking, swimming, and sunshine!

### OFFICE HOURS

Renee is typically in the office on the following days:

- One Tuesday per month
- Wednesdays

### HOW TO SCHEDULE WITH RENEE

Please contact our office if you are interested in making an appointment with Renee.

These appointments are typically about one hour long.