



# Connor Kriz

## M.D.

### ABOUT DR. KRIZ

Dr Kriz was born and raised in the western suburbs of Chicago, IL. He received his bachelor's degree in biomedical engineering at the University of Iowa and attended Chicago Medical School at Rosalind Franklin University for medical school. He is currently in his final year of pediatric residency at Helen DeVos Children's Hospital and will be joining Alger Pediatrics as a full-time physician in July of 2024. He is passionate about serving all Grand Rapids' children with a unique interest in addressing healthcare inequities, utilizing evidence-based lifestyle interventions for disease prevention, and medical education.

Dr Kriz is married to his high school sweetheart, Alyssa. Together they have a black labrador retriever, Nori, and welcomed their first child in July. When not at work, Dr Kriz enjoys distance running, improv comedy, exploring western Michigan, and spending time with his growing family. He is a member of the Grand Rapids campus of Mars Hill Bible Church.

### OFFICE HOURS

Dr. Kriz is typically in the office on the following days:

- Mondays

He is currently working with us one day a week while he completes his residency.

### NEW PATIENT AVAILABILITY

**First-time newborns:**  
Currently not accepting

**Transfer patients:**  
Currently not accepting